

**2019 UEC MTB Downhill  
EUROPEAN CHAMPIONSHIPS**  
*Pampilhosa da Serra (Portugal)*

***4-5 May 2019***

***Technical guide***  
V1

## ORGANIZATION

### LOCAL ORGANIZING COMMITTEE (LOC)

UVP-FPC President	Delmino Pereira (POR)
CM Pampilhosa da Serra	José Alberto Pacheco Brito Dias (POR)
Adeias do Xisto	Rui Simão (POR)

### UEC REPRESENTATIVES

UEC President	Rocco Cattaneo (SUI)
UEC MTB Commission President	Thierry Marechal (BEL)
UEC General Secretary	Enrico Della Casa (ITA)
UEC Technical Delegate	<b>Heikki Dahle (NOR)</b>

### COMPOSITION OF THE COMMISSAIRES PANEL

President of the Commissaires Panel	Giorgio Baruffi (ITA)
Commissaire 2	Luís Teixeira (POR)
Additional Commissaire	Alberto Cordeiro (POR)
Additional Commissaire	Carlos Correia (POR)
Additional Commissaire	António Rocha (POR)
Additional Commissaire	Paulo Belo (POR)
Additional Commissaire	Henrique Silva (POR)

### ANTIDOPING CONTROL

Doping control Officer appointed by the CADF: Bernardo Sanchez Penarrubia  
National Antidoping (Portugal): ADOP

## GENERAL INFORMATION

### TRAVEL AND ACCOMMODATION

Travel and accommodation expenses to and from Pampilhosa da Serra must be covered by the National Federations and teams.

Nearest airports are:      Aeroporto de Lisboa (LIS) – 223 km – 2h15m  
   Aeroporto do Porto (OPO) – 225 km – 2h15m

All participants must hold a valid passport or identity card. Visa obligations must be respected.

All riders and attendants must hold insurance valid in Portugal.

#### Visas

Each Federation is responsible for obtaining documents for their delegation appropriate entries.  
For all invitation letter requests, please contact the UEC: [mail@uec.ch](mailto:mail@uec.ch)

#### Accommodation

For any accommodation reservations and other issues, please contact:  
Pampilhosa Tourist Office at [http://www.cm-pampilhosadaserra.pt/pages/481?poi\\_id=176](http://www.cm-pampilhosadaserra.pt/pages/481?poi_id=176)  
Phone: +351 235 590 323 – E-mail: [geral.turismo@cm-pampilhosadaserra.pt](mailto:geral.turismo@cm-pampilhosadaserra.pt)

## MEDICAL – EMERGENCY - LOCAL AUTHORITIES

**OFFICIAL RACE DOCTOR** Dr. Lima Quintas

### **HOSPITALS**

Centro Hospitalar e Universitário de Coimbra  
Praceta Prof. Mota Pinto, Coimbra  
239 400 400

### **EMERGENCY AMBULANCE**

Phone: +351 235 594 122

**NATIONAL EMERGENCY NUMBER: 112**

### **POLICE**

GNR - Posto Territorial de Pampilhosa da Serra  
Rua Rangel de Lima, 10, 3320-229 Pampilhosa da Serra  
Phone: +351 235590100  
GPS: N 40 2 45,67 W 7 56 51,63

## TEAMS / OFFICIALS ACCREDITATION

Teams and officials' accreditations can be collected starting from Wednesday, May 1<sup>st</sup> at the permanence office, located at the:

**Multusos – Pampilhosa da Serra**, according to the schedule below.

Please ensure that you collect your accreditation before arriving at the venue as it will be required for access to all parts of the venue. Accreditations must be worn and visible whenever you pass through accreditation controls.

## PERMANENCE OPENING HOURS SCHEDULE

Wednesday, May 1 <sup>st</sup>	09:00 – 18:00
Thursday, May 2 <sup>th</sup>	09:00 – 18:00
Friday, May 3 <sup>rd</sup>	07:30 – 18:00
Saturday, May 4 <sup>th</sup>	07:30 – 18:00
Sunday, May 5 <sup>th</sup>	07:00 – 18:00

## MEDIA

### **MEDIA PERMANENCE –UEC PRESS CENTER**

The Media Permanence and Press Room are located at the **Multusos – Pampilhosa da Serra**. In order to access the UEC Press Center a media accreditation is necessary.

### **MEDIA PERMANANCE – UEC PRESS CENTER OPENING HOURS**

Thursday, May 2 <sup>th</sup>	09:30 – 20:00
Friday, May 3 <sup>rd</sup>	07:30 – 20:00
Saturday, May 4 <sup>th</sup>	07:30 – 20:00
Sunday, May 5 <sup>th</sup>	07:00 – 20:00

### **MIXED ZONE**

At the exit of the course after the finish line, UEC will organize a Mixed Zone where media can have a short interview with riders they wish to do so.

### **FLASH INTERVIEW TENT**

Next to the Awards Ceremony podium, UEC will organize a flash interview tent open for the media.

### **MEDIA ACCREDITATION**

To apply for media accreditation, please visit the UEC website (<http://uec.ch/en/media> dedicated page).

Media accreditation and photographer's bib's can be collected at the media permanence as from Thursday, May 2<sup>th</sup> 09:00 – 18:00.

Any further inquire please contact Mr. José Carlos Gomes [comunicacao@fpciclismo.pt](mailto:comunicacao@fpciclismo.pt)

## **OFFICIAL MEETINGS**

### **COMMISSAIRES PANEL MEETING**

**Friday, May 3<sup>rd</sup> 17:00 – 17:45 at Multiusos – Pampilhosa da Serra**

### **CONFIRMATION / LICENCE CHECK / DISTRIBUTION OF RACE NUMBERS**

The license check, the initial confirmation of riders, the check of the national teams clothing and the distribution of race numbers start on

**Wednesday, May 1<sup>st</sup> – 09:00 at the race headquarters located in Multiusos – Pampilhosa da Serra**  
and for the next days will be organized according to the competition schedule below (next page)

Team managers must confirm all starters, presenting all licences (with passport for the juniors' riders) and providing a sample of the national teams' apparel.

**Riders' numbers** will be distributed during that procedure. Due to the high number of teams entered, a maximum representation of two representatives per team is requested to attend that meeting.

**Timing transponders** will be handed out at the Race Office on Saturday, May 4<sup>th</sup> from 07:30 until 14:30.

The transponders must be returned immediately after the race at the Race Office. If a transponder is not returned, a 130 € penalty will be applicable per transponder.

### TEAM MANAGERS MEETING

- **Friday May 3<sup>rd</sup> 18:00 (for all races, all age categories)**
- **Team Managers Meeting: Multiusos – Pampilhosa da Serra**

Attendance is required for:

- UEC MTB Commission President
- UCI and Additional Commissaires
- Team Managers
- CADF Doping Control Officer
- Event Director
- UEC Technical Delegate

### COMPETITION SCHEDULE

DHI		
<b>WEDNESDAY</b> May 1st	09:00 – 12:00	Riders Confirmation
	14:00 – 16:00	Riders Confirmation
<b>THURSDAY</b> May 2nd	09:00 - 18:00	Accreditation Centre open
	09:00 - 12:00	Riders Confirmation
	07:30 - 09:30	On Foot Downhill Course Inspection >>> Riders / Teams
	09:45 - 11:00	Official Downhill Training >>> Men Masters
	11:00 - 12:15	Official Downhill Training >>> Women
	12:15 - 13:30	Official Downhill Training >>> <b>Men Juniors</b>
	15:00 - 17:00	Official Downhill Training >>> Men <b>Elite</b>
	14:00 - 16:00	Riders Confirmation
<b>FRIDAY</b> May 3rd	07:30 - 18:00	Accreditation Centre open
	08:00 - 12:00	Riders Confirmation - <b>FINAL CONFIRMATION</b> all categories
	08:00 - 09:45	Official Downhill Training >>> Men Masters
	10:00 - 11:30	Official Downhill Training >>> Women
	11:45 - 13:15	Official Downhill Training >>> <b>Men Juniors</b>
	15:00 - 17:00	Official Downhill Training >>> Men <b>Elite</b>
	<b>18:00</b>	<b>Team Managers Meeting - at Multiusos – Pampilhosa da Serra</b>
	<b>19:30</b>	<b>Official Reception - Multiusos – Pampilhosa da Serra</b>

<b>SATURDAY</b> May 4th	07:30 - 18:00	Accreditation Centre open
	07:30 - 14:30	Transponders pick-up Race Office
	07:00 - 07:45	Official Downhill Training >>> Men Masters
	<b>07:45 - 08:30</b>	Official Downhill Training >>> Women
	09:00 - 10:00	<b>Men Master - Seeding Round</b>
	<b>10:15 - 11:00</b>	<b>Women - Seeding Round</b>
	11:15 - 12:00	<b>Official Downhill Training &gt;&gt;&gt; Men Juniors</b>
	<b>12:15 - 13:00</b>	Official Downhill Training >>> Men <b>Elite</b>
	<b>14:00 - 15:00</b>	<b>Men Juniors - Seeding Round</b>
	15:10 - 16:30	Men <b>Elite</b> Downhill - Timed Session

<b>SUNDAY</b> May 5th	07:00 - 18:00	Accreditation Centre open
	07:15 - 08:00	Official Downhill Training >>> Women Master
	<b>08:00 - 09:00</b>	Official Downhill Training >>> Men Master
	09:15 - 09:30	<b>Women Master Downhill European Championships</b>
	<b>09:45 - 10:45</b>	<b>Men Master Downhill European Championships</b>
		Followed by Awards Ceremony >>> Women Master - Men Master
	11:00 - 12:00	Official Downhill Training >>> <b>Juniors and Women Elite</b>
	12:00 - 13:00	Official Downhill Training >>> Men <b>Elite</b>
	<b>13:30 - 13:45</b>	<b>Women Juniors Downhill European Championships</b>
	<b>14:00 - 15:00</b>	<b>Men Juniors Downhill European Championships</b>
		Followed by Awards Ceremony >>> <b>Women Juniors - Men Juniors</b>
	<b>15:15 - 15:45</b>	<b>Women Elite Downhill European Championships</b>
	<b>16:00</b>	Men <b>Elite</b> Downhill European Championships
		Followed by Awards Ceremony >>> Women Elite - Men Elite

## RACE SPECIFIC REGULATIONS

### 1. GENERAL RULES

- 1.1 The 2019 UEC MTB DHI European Championships are organized by the Union Européenne de Cyclisme (UEC) in cooperation with UVP-Federação Portuguesa de Ciclismo

The technical preparation and coordination will be done by: Mr. Pedro Vigário

Technical director: Mr. Duarte Marques

- 1.2 The event will be organized in accordance with rules of the Union Cycliste Internationale (UCI) and these rules will be the reference for everything that is not mentioned in the current document.

- 1.3 The European MTB Championships consist of the following races: Downhill (DHI)

These Championships may be contested by riders entered by their National Federation as a National Team or by riders belonging to an official team.

## 2. TYPE OF THE EVENT

The participation is open for the following categories:

- ✓ **Junior Men**
- ✓ **Junior Women**
- ✓ **Elite Men**
- ✓ **Elite Women**
- ✓ **Masters Men**  
**30-34 / 35-39 / 40-44 / 45-49 / 50-54 / 55-59 / 60-64 / 65-69 / 70+**
- ✓ **Masters Women**  
**30-34 / 35-39 / 40-44 / 45-49 / 50-54 / 55-59 / 60-64 / 65+**

It is entered on the UCI calendar as a Continental Championships event (UCI CC).

## 3. PARTICIPATION

### Participation – NATIONAL TEAMS

The participation is open for European riders only.

National Federations may enter the following riders free of charge:

**Women Juniors – Men Juniors – Women Elite – Men Elite**  
Max. 6 riders per nation / per category

The National Federations have to register their riders directly on the UEC website ([www.uec.ch](http://www.uec.ch)).

**Deadline for the registrations (riders, staff and NF Official Delegates)**  
**Wednesday 27 April 2019 (24:00 CET)**

Riders must compete in their national jersey

### Participation – OTHER RIDERS

The participation is open for European riders only.

Teams/riders should register in Portuguese National Federation's website at [http://www.fpciclismo.pt/registo\\_prova.php](http://www.fpciclismo.pt/registo_prova.php)

The registrations for teams/riders **will open on Monday 04 March 2019. Deadline for the registrations is Friday 30 April 2019**

The registration fee for teams is 55€ / rider for all categories.

The initial and final confirmation of the starters and the distribution of the race numbers will take place at the Race Headquarters located at the **Multusos – Pampilhosa da Serra** (see Competition Schedule above).

The age of a rider shall be determined by the difference between the year of the event and the year of birth of the rider.

#### 4. TEAM MANAGERS MEETING

- The team managers' meeting, organized in accordance with the UCI regulations in the presence of Members of the Commissaries' Panel, it is scheduled for **Thursday May 3<sup>rd</sup> 18:00 (for all races, all age categories) at Multiusos – Pampilhosa da Serra.**

#### 5. RACES PROCEDURES

**Women Master (if any) – Men Master – ~~Women Junior – Men Junior~~;**

**On Saturday these categories are doing a seeding run – all riders will qualify for the final - but they must complete the seeding run;**

**The start orders are based on the last published UCI DHI individual ranking. Unclassified riders; by nations in rotation (from last year's World Championships or European Championships)**

**The results of the seeding run determine the start order in the final, with the slowest rider from the seeding run starting first.**

**Women ~~Elite~~ – Men ~~Elite~~**

**These two categories are only doing time sessions. The start orders for the timed sessions and the finals are in the reverse order of the last published UCI DHI individual ranking. Unclassified riders; by nations in rotation (from last year's World Championships or European Championships). All riders must complete the seeding run.**

#### 6. AWARDS CEREMONIES

In accordance with articles 1.2.112 and 1.2.113 of the UCI Regulations, the 3 best riders of each category must attend the official awards ceremony, any interviews organized and the press conference.

Unless otherwise stated, riders shall appear at official ceremonies wearing competition clothing.

Riders must present themselves at the podium right after crossing the finish line.

#### 7. POINTS SCALE

For 2019 UEC MTB DHI European Championships, points will be attributed in accordance with the UCI MTB regulations, Annex 2.



## 8. AWARDS AND PRIZE MONEY

### Jersey and medals

Every European Championship will be awarded with:

**The 1<sup>st</sup> place: Champion´s jersey and Gold medal**

**The 2<sup>nd</sup> place: Silver medal**

**The 3<sup>rd</sup> place: Bronze medal**

### Prize money list (Amounts in Euro):

<b>Men Elite:</b>	1 <sup>st</sup> place	€ 625,00
	2 <sup>nd</sup> place	€ 375,00
	3 <sup>th</sup> place	€ 250,00
<b>Women Elite:</b>	1 <sup>st</sup> place	€ 625,00
	2 <sup>nd</sup> place	€ 375,00
	3 <sup>th</sup> place	€ 250,00

The prize money will be transferred by the UEC directly to the concerned National Federations.

## 9. ANTIDOPING

The UCI antidoping regulations are entirely applicable to the event. The antidoping tests will take place at: Centro de Saúde Pampilhosa da Serra.

## 10. PENALTIES

The UCI penalty scale is the only one applicable.

## 11. RESPONSIBILITIES

The organizers and UEC will not, under any circumstances, be liable to any accidents or damage that occurs during training and competitions.

The organizers and UEC decline all responsibilities towards the riders and others in case of an accident.

For all cases not covered by these specific regulations, the UCI rules will apply. Any problems will be solved between the organizers, the Commissaires Panel and UEC officials.

Lausanne, 22 January 2019